



Eric Brown, Grand Massage Poobah

ON THE AGENDA

History

Why do chair massage Choosing and setting up your

chair Principles of efficient body use Example techniques (upper and lower body)

Seated massage without the chair The business of chair massage

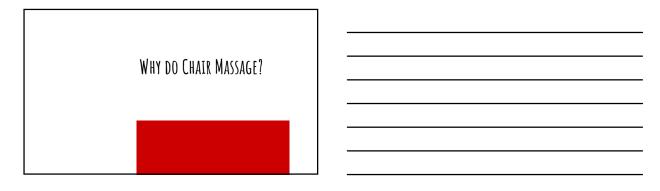






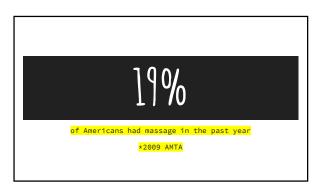
2

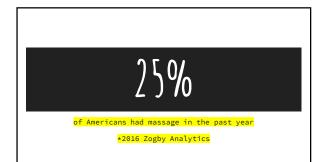






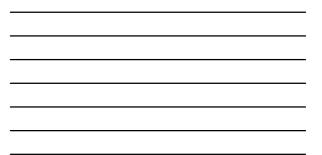


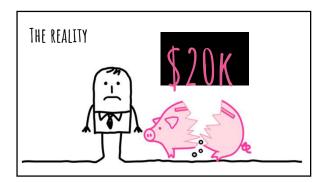


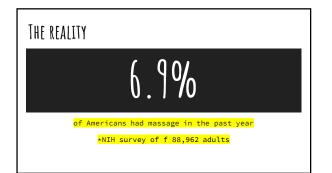


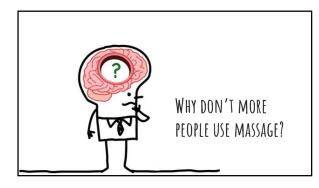
4

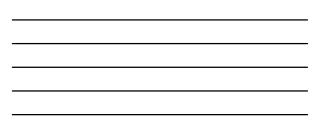






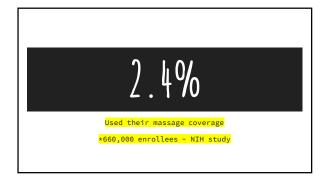


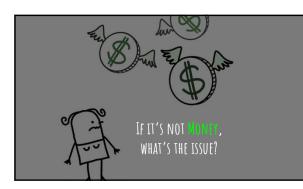


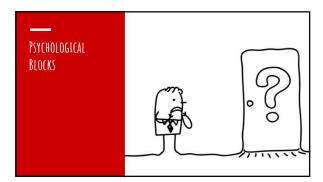












PSYCHOLOGICAL BLOCKS

Nudity Time Convenience Sexual associations Fear of the unknown



WHAT IF... ...WE COULD PROVIDE A MASSAGE SERVICE THAT OVERCAME COMMON BARRIERS TO GETTING MASSAGE?



PSYCHOLOGICAL BLOCKS

Quick Inexpensive

Keep your clothes on

No fear: You know what's going to happen and who's doing it Convenient

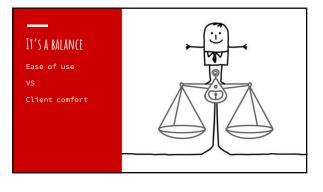
Comes to where you're at

No greasy oils













10







IMPORTANT POINTS...

The chair setup is important! Show and tell, then watch and tell ABC's 1,2,3's

ENSURES COMFORT & PREVENTS FAINTING

IMPORTANT POINTS...

Have the person slide forward in the seat and make sure the abdomen is supported $% \left({{{\boldsymbol{x}}_{i}}} \right)$

Put the person's head in a comfortable flexed position and bring the face rest up to meet their face

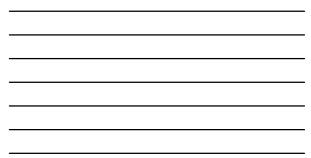
Check that you can see their eyes and that there is clearance for the anterior neck $% \left({{{\left({{{\left({{{\left({{{c}}} \right)}} \right)}_{c}}} \right)}_{c}}} \right)$

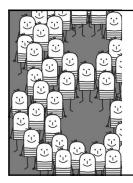
Visually check the head and neck throughout the massage $% \left({{{\left({{{{{\bf{n}}}} \right)}}}_{{{\rm{ch}}}}} \right)$

ENSURES COMFORT & PREVENTS FAINTING

EFFORTLESS CHAIR MASSAGE







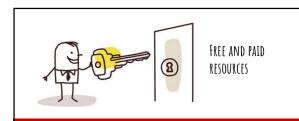
8 PRINCIPLES OF EFFICIENT Body USE



SUMMARY

- 1. Keep your spine in a neutral alignment
- 2. Align body segments in the direction of force
- Place peripheral joints in a mid-range position
- Let gravity do the work
- 5. Move to maintain good alignment
- 6. Use large muscle groups
- 7. Reinforce your contact point
- 8. Integrate a relaxation phase into each techniques



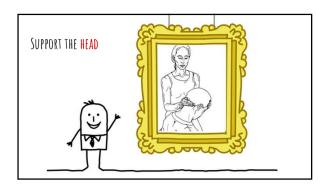


LEARNCHAIRMASSAGE.COM

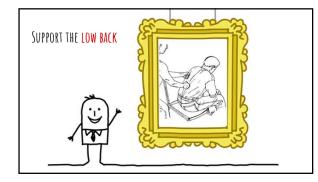














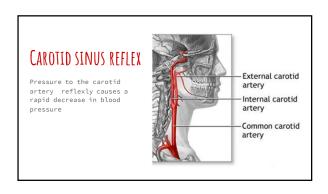
THE FAINTING Phenomenon

Why people faint with chair massage and how to make sure it doesn't happen to you



DOWNLOAD THE COMPLETE ARTICLE

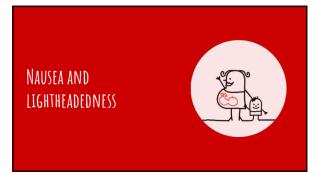
LEARNCHAIRMASSAGE.COM



HOW TO AVOID TRIGGERING THE REFLEX...



Loosen ties, collars, jewelry Ensure proper positioning in the face cradle



WHAT TO DO WHEN SOMEONE FAINTS

Don't leave them alone

Get them on the floor

Be a crash mat

Do NOT panic!!



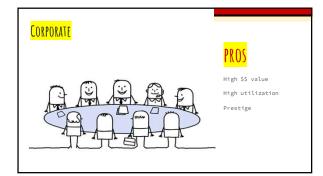


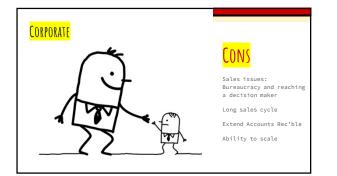


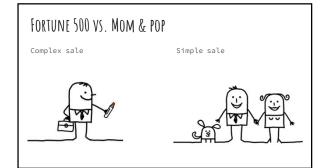
HOW TO PROFIT FROM

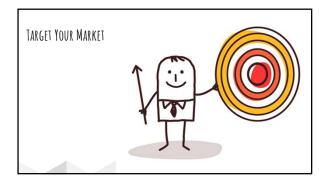
Marketing tool to pull clients into your practice

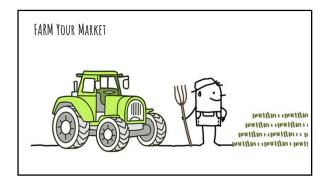














LEARNCHAIRMASSAGE.COM







Stress Heavy work periods Special events Thank you's Premium or incentive Promotional tool Employee retention Absenteeism Employee morale Meetings & conventions





"KETAIL" DOES NOT MEAN "STORE" Retail massage is any situation where you are paid by an individual

